



Resources on Bullies and Bullying Available at Connecticut Clearinghouse

For more information about these resources please visit www.ctclearinghouse.org and click on Resource Catalog or call 800-232-4424

Audiovisuals

Bullied: A Student, A School And A Case That Made History (DVD)

Summary: This is the story of Jamie Nabozny. His ordeal began in 6th grade and only got worse in high school. Years of unrelenting bullying took its toll. But Jamie decided to take a stand--against the bullying he endured and the bullying that he knew other students endured. He went to court and fought for the right to be safe at school, even if you are gay.

Bullies Are A Pain In The Brain (DVD & VHS)

Offers kids practical, easy-to-implement solutions for dealing with their own bully problems such as work on building your confidence, staying calm, giving bullies lots of space, telling an adult, and more.

Bully Beware: Take Action Against Bullying (VHS)

Summary: Comprised of four scenarios depicting realistic incidents of bullying, this program offers students practical advice and skills to handle difficult situations.

Bully Bystanders: You Can Make A Difference (DVD)

Summary: Most teens don't like to see their peers bullied but are not sure whether or how to respond. This video offers the empowering message that the most effective way to deal with bullying is through the efforts of those who witness it. The program features a short drama based on real-life incidents where bystanders stand up and change the outcome of a bullying incident. We also hear from real teens discussing incidents where they and their peers made a difference by intervening in a bullying situation. On-screen experts advise teens how they can become proactive without putting themselves at risk. Viewers learn that respecting others and taking a united stand against all sorts of harassment is not only possible, but it can make a dramatic difference in the lives of many young people. Bystanders can make a resounding contribution by setting the tone for their peers and refusing to accept hostile behaviors. For adolescents.

Bully Dance (DVD & VHS)

Summary: A non-verbal film with a strong message about bullies. A bully victimizes a smaller member of his group and disrupts the life of his community. Eventually the victim and the group must deal with the bully, who is himself a victim in his own house.

The Bully Smart Series: A Complete Bullying Curriculum (DVD)

Summary: A set of 4 DVDs of 20 minutes each discussing and illustrating the problems of bullies.

Bystander Issues And Bullying (DVD & VHS)

Summary: A bystander can choose to intervene in an incident or to abstain from action. Bullying takes various forms, including ostracism -- the ignoring or "banishing" of targeted individuals. Social cliques often engage in this type of bullying. Three vignettes illustrate incidents in which bystanders decline to become involved and an incidence of teasing that escalates into bullying. Group activities investigate the price of silence, bystanders' responsibilities, rumors, cliques and bullying.

Cliques, Phonies & Other Baloney (DVD)

Summary: Emphasizes the importance of being true to one's self and that everyone is "one of a kind." Points out the difference between a clique of friends and an exclusive clique. For ages 6 & up.

Connecting With Kids For Parents: Character Education For Parents Of Kids In Grades 6-12: Tape 3: Ounce Of Prevention (VHS)

Summary: Tape 3 focuses on school violence from the perspectives of both school bullies and their victims

Gossiping, Taunting, Bullying: It's All Harassment (VHS)

Summary: Presents dramatic vignettes that show realistic situations of harassment. Helps teens share their own experiences coping with bullying, taunting and teasing.

I Was Cyberbullied (DVD)

Summary: This program presents three real-life stories from kids who were targets of cyberbullying attacks and offers viewers practical suggestions for how to avoid being victimized by this new rapidly-spreading type of bullying. Each story highlights important tips such as: only post the type of information online that you would be comfortable with others seeing; remember that once an email or photo is posted online, you can't take it back; avoid responding to vicious texts or emails that might escalate a situation further; and know when to turn to a trusted adult for help. Renowned "bully coach" Joel Haber leads a discussion on how serious and damaging cyberbullying can be, and touches upon recent cases of children committing suicide after being cyberbullied. This timely program will strike a chord with all viewers - those who may have been victimized as well as those who may have thought that cyberbullying was "no big deal." For adolescents.

It's A Girl's World: A Documentary About Social Bullying (DVD)

Summary: Examines the relationships among young girls. Through audio and video diaries, a disturbing picture emerges of how girls use friendships to hurt each other and win social power in the group. At the same time, their parents struggle through considerable denial and disbelief to accept and deal with the serious consequences of this behavior. Discusses a true story of a fourteen-year-old girl who committed suicide. Shatters the myth that social bullying among girls is an acceptable part of growing up.

One Of Them (VHS)

Summary: Freedom from bullying, name-calling and violence motivates the high school seniors in this school-based drama. One of them raises the questions that high school students talk about in school halls and washrooms. With a focus on homophobia and discrimination, not sexual behaviour, the dramatization prompts viewers to examine their own responses and promote a safe school environment for all students.

PeaceTalks (VHS)

Summary: Volume 4, Dealing with bullies, troublemakers and dangerous situations, deals with verbal and physical harassment, bullies and gangs, what to do when afraid, protecting oneself in threatening situations, how to help victims, and making schools and neighborhoods safe.

A Place Of Our Own. Behavior And Emotions (DVD)

Summary: Host Debi Gutierrez talks with child development experts and caregivers about helping kids identify and express their emotions, handling bullies, positive discipline, handling tantrums, and more.

Real Kids: What We Learned About Bullying (VHS)

Summary: Interviews with children who discuss their feelings about bullies and bullying in their own words. Through the video children will learn to recognize bullying behavior; understand that there are different kinds of bullies; understand common motives of bullies, and learn some positive strategies to stop bullying.

Sticks & Stones: Words That Hurt And How Young People Can Overcome Them (VHS)

Summary: Young children ages 5 to 12 describe how they feel when they hear put-downs of themselves or their families. Children learn from subtle clues what society thinks about gender roles, same-sex parents and family differences. The children in this video vividly describe how it feels to be teased when their families don't follow traditional gender roles. They talk about why bullies indulge in name-calling, and what they think should be done about it. By showing that they know what's wrong, the children challenge educators, parents and other kids to act positively to make schools and playgrounds safe and welcoming for everyone.

Stop Bullying:Take A Stand (DVD)

Summary: Hosted by Erika Harold, Miss America 2003, herself a victim of severe harassment, this solution oriented program presents a comprehensive and multifaceted approach to preventing bullying, as well as providing help to victims, parents and bystanders. Her personal story and advice is interwoven with compelling personal stories of teens who have also been bullied. A visit to Olney, MD follows high school peer educators as they work with middle school students to produce PSAs that show what bystanders can do when they see someone being bullied.

The Teen Files Flipped: Bullies, Loners, And Violence (DVD & VHS)

Summary: Teens Joey and Kristin are attractive, confident, outgoing - and both are bullies. Kristin is proud of being the most popular girl in class. She and her friends tease kids they consider nerds. Joey thrives on intimidation, pulling punches at other students to make them cringe. "Flipped" into attending a new school dressed in "nerd clothes", the two are teased unmercifully on the same day there's been a school shooting in a nearby community.

Teen Truth: An Inside Look At Bullying And School Violence (DVD)

Summary: This program features candid commentary from students and educators, about how bullying directly correlates to the rise of school violence. Viewers experience the Columbine disaster, through live voice recordings of parents, teachers and students talking to 911 operators as the disaster occurred. Finally, viewers hear from experts and students about the best ways to combat bullying and school violence.

Books

And Words Can Hurt Forever: How To Protect Adolescents From Bullying, Harassment, And Emotional Violence / James Garbarino and Ellen deLara

Call Number: 371.58 G213

View Table Of Contents Online:

<http://www.loc.gov/catdir/enhancements/fy0645/2002021629-t.html>

The Bully At Work: What You Can Do To Stop The Hurt And Reclaim Your Dignity On The Job / Gary Namie and Ruth Namie

Call Number: 650.13 N2322

Bullying At School: What We Know And What We Can Do / Dan Olweus

Call Number: 371.58 O525

Bullying: A Handbook For Educators And Parents / Ian Rivers, Neil Duncan And Valerie E. Besag

Call Number: 371.58 R622

Bullying Prevention Program / Dan Olweus and Sue Limber

Call Number: REF 364.4 BLUEPRINTS BOOK 9

Cyberbullying And Cyberthreats: Responding To The Challenge Of Online Social Aggression, Threats, And Distress / Nancy E. Willard

Call Number: 305.235 W694C

Facing The Schoolyard Bully: How To Raise An Assertive Child In An Aggressive World / Kim Zarzour

Call Number: 371.58 Z38 2000

Handbook Of Children, Culture, And Violence / edited by Nancy E. Dowd, Dorothy G. Singer, Robin Fretwell Wilson

Call Number: 362.76 H236

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/ecip0515/2005018302.html>

Odd Girl Out: The Hidden Culture Of Aggression In Girls / Rachel Simmons

Call Number: 155.5 S592

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/har031/2001006864.html>

Social Aggression Among Girls / Marion K. Underwood; foreword by Eleanor Maccoby

Call Number: 302.5 U56

View Table Of Contents Online: <http://www.loc.gov/catdir/toc/quilford041/2002152968.html>

The Wounded Spirit / Frank Peretti
Call Number: 201 P4372

Books for Children And Adolescents

The Ant Bully / story and pictures by John Nickle
Summary: Lucas learns a lesson about bullying when he is pulled into the ant hole he has been tormenting.
Call Number: YOUTH FICT N632
Ages 5 & Up

Bootsie Barker Bites / by Barbara Bottner; illustrated by Peggy Rathmann
Summary: Bootsie Barker only wants to play games in which she bites, until one day her friend comes up with a better game.
Call Number: YOUTH FICT B751
Ages 5 & Up

Bullies Are A Pain In The Brain / written and illustrated by Trevor Romain; edited by Elizabeth Verdick
Summary: A serious yet humorous guide to dealing with bullies.
Call Number: YOUTH 302.3 R757
Ages 9-12

Chrysanthemum / by Kevin Henkes
Summary: Chrysanthemum loves her name, until she starts going to school and the other children make fun of it.
Call Number: YOUTH FICT H512C
Ages 5 & Up

Hey, Pipsqueak! / story by Kate McMullan; pictures by Jim McMullan
Call Number: YOUTH FICT M168
Ages 4-7

How To Handle Bullies, Teasers, And Other Meanies: A Book That Takes The Nuisance Out Of Name Calling And Other Nonsense / by Kate Cohen-Posey
Summary: Provides information on what makes bullies and teasers tick, how to handle bullies, how to deal with prejudice, and how to defend oneself when being teased or insulted.
Call Number: YOUTH 646.7 C678
Ages 9-12

Lucy And The Bully / written and illustrated by Claire Alexander
Summary: When a mean classmate in preschool wrecks Lucy's artwork, she discovers that they can be friends once he stops being jealous of her.
Call Number: YOUTH FICT A375
Preschool/Primary grades

Nobody Knew What To Do: A Story About Bullying / Becky Ray McCain; illustrated by Todd Leonardo

Summary: When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something.

Call Number: YOUTH FICT M121

Ages 4-8

One / by Kathryn Otoshi

Summary: A number/color book reminding us that it just takes one to make everyone count.

YOUTH FICT O880

Simon's Hook: A Story About Teases And Put-Downs / written by Karen Gedig Burnett;
illustrated by Laurie Barrows

Call Number: YOUTH FICT B694

Ages 6-10

Curricula

101 Support Group Activities For Teenagers Who Are Targets Of Bullies

Call Number: 101

101 Support Group Activities For Teenagers Who Bully: A Leader's Manual For Secondary Educators And Other Professionals

Call Number: 101

The Anti-Bullying And Teasing Book For Preschool Classrooms

Call Number: ANT

Block The Bully Cycle [Game]

Summary: Designed to help students stop bullying, whether they are the target, the bystander, or the bully.

Call Number: BLO

Bullies To Buddies [Game]

Summary: Players have fun while learning that all students can stop bullying...whether they find themselves in the role of the target, the bystander, or the bully.

Audience: Grades 2-5.

Call Number: BUL

Bully Busters: A Teacher's Manual For Helping Bullies, Victims, And Bystanders

Call Number: BUL

The Bully Free Classroom: Over 100 Tips And Strategies For Teachers K-8

Call Number: BUL

Bully Proofing Your School: A Comprehensive Approach For Elementary Schools

Call Number: BUL

The Bullying Prevention Handbook: A Guide For Principals, Teachers, And Counselors

Call Number: BUL

Bullyproof: A Teacher's Guide On Teasing And Bullying

Call Number: BUL

Bully-Proofing Your School: A Comprehensive Approach For Middle Schools
Call Number: BUL

Creating Safe Schools: A Resource Guide For Planning And Action
Call Number: CRE

Early Childhood Adventures In Peacemaking
Call Number: EAR

Furious Fred [Game]
Call Number: FUR

Growing Healthy, Going Strong: 10-Week Facilitator Activity Guide
Summary: Boys will have fun identifying social-emotional messages, experiences, attitudes, and smart options for growing up male in our culture. Competition, bullying, recognizing and expressing emotions, male and female role expectations, self confidence, and teamwork are highlighted through games and team challenges. Boys develop vocabulary and skills to expect and enact fairness, healthy competition, and respect for self and others. For ages 9-14.
Call Number: GRO

No More Bullies [Game]
Call Number: NO

Olweus Bullying Prevention Program: Schoolwide Guide
Call Number: OLW

Olweus Bullying Prevention Program: Teacher Guide
Call Number: OLW

Owning Up Curriculum: Empowering Adolescents To Confront Social Cruelty, Bullying, And Injustice / Rosalind Wiseman
Call Number: OWN

Second Step: A Violence Prevention Curriculum, Grades Pre-K-5
Summary: Designed to reduce impulsive-aggressive behavior in children by teaching skills in empathy and anger management.
Call Number: SEC

Steps To Respect: A Bullying Prevention Program
(For library use only)
Call Number: STE

Stop Bullying Now! : Take A Stand, Lend A Hand : Resource Kit
Call Number: STO

When Parents Ask For Help: Everyday Issues Through An Asset-Building Lens: Handouts For People Raising Adolescents
Call Number: WHE

Why Is Everybody Always Picking On Me? : A Guide To Handling Bullies For Young People

Call Number: WHY

Fact Sheets

Let's Stop Bullying: Advice For Young People

<http://www.ctclearinghouse.org/topics/customer-files/Lets-Stop-Bullying-Advice-for-Young-People-051005.pdf>

Pamphlets

25 Things Everyone Should Know About Bullying

Bullies: Serious Problem For Kids

Bullying: Not Cool In Any School

Bullying: Talking With Your Child

Bullying: Talking With Your Teen

Bullying: Teens Talk With Teens

Cyberbullying: Help Make Cyberspace Safe

Cyberbullying: Keeping Your Child Safe

Cyberbullying: Revealing The Invisible Enemy

Kids Against Bullying: Coloring Book

Say No To Bullying And Yes To Getting Along

Teens & Cyber Bullying: It's A Big Deal

Teens & Cyber Safety: Online Or Texting!

Teens And Violence: Bullying – Enough Is Enough

The Truth About Sexting: Think B4 U "Send"

Los Valentones: Un Serio Problema Para Los Niños